



PCN

Pemberton
Community
News

ISSUE 218

July 2022

\$2

Something different this month. We put a call out to Facebook locals for most 'liked' photo of Pemberton. Thank you to **Samantha Bolton** for this month's cover photo.

JULY 2022
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Page Editorial

The Editorial is all about what is the latest news and happening in the area and the world in general.

Being one of the fortunate few without commercial television, the daily news, or any desire to read, or watch it, I am afraid I have little to contribute on the state of the World, therefore you will have to find these things out for yourself.

However, in local happenings, news, events and views, I would like to think I am right at the coal-face here at the CRC in Pemberton.

Busy people are getting busier, businesses are changing opening hours to suit the winter traffic and all the sensible people have packed their bags and headed North to warmer days with constant rays of Sunshine. Half their luck.

For those of us who have to continue to dig deep and trudge on, sometimes through literal mud, to get to work during these winter months, I sympathise, I understand and I applaud your efforts.

Even though it's dark when we leave home and dark when we return, it is not all doom and gloom. There is something to be said for a hot shower, a wood fire and a big bowl of soup to remedy a cold winter's day.

We also find that there are new winter menus at the local cafes, and plethora of new winter garments and suitable footwear at the local stores. How lucky are we!

Although the cost of living (and fuel) has recently skyrocketed, and has no intention of returning any time soon, there are still bargains to be had and things to be grateful for. For example, we live in such a fantastic place to grow and obtain food!

Yes, there are always those far worse off than us, and if the cost of fuel is getting you down, try car-pooling or check out the community bus from Northcliffe. If you book with them, they will happily pick you up in Pemby!



Subscription: \$40 for 12 months (12 issues) with delivery in Australia.

Please contact us for delivery overseas.

Back issues: available on request.

contact the Pemberton CRC 08 9776 1745

or pcn@pembertoncrc.org.au

Looking for Contributions

If you have an interest, article, advert or information on an event, sporting or community group please let us know.

Send all contributions in to

pcn@pemberton.org.au

Also, to keep you engaged and entertained over July, we have the Weekend of Workshops on 23rd and 24th that you simply must check out.

So find a group and keep in touch with cuppas and chats in a warm spot somewhere until the freezing wind and hail pass us by.

Gaye

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Community News

CWA

This month has as been fairly good.

Op shop is doing fairly well with the bric a brac looking very well stocked.

Come down for a bargain or two plenty of clothes to go around.

Our secretary is back for her holidays and had a wonderful break .

Our opening hours are 9 to 1 pm every Saturday.

Come down!

We welcome anyone who wishes to join. You will get a lot out of what we do.

Two of our members are heading to Gingin in July for our annual state conference

I really hope they enjoy the trip and come back full of a lot of information.

Quote for the month.

ENJOY YOUR LIFE TODAY BECAUSE YOU NEVER KNOW WHAT'S AROUND THE CORNER



PEMBERTON POLICE

Report any crime or suspicious activity to police no matter how small you believe it is. Your information may be the missing link that assists police with their investigations. Research indicates that opportunity and visibility are key factors for thieves. If thieves believe they can get into and out of your property easily and with out being seen, your property is at higher risk.



ALWAYS lock vehicles and machinery.

NEVER attempt to hide the keys in a location nearby.

NEVER leave valuable items displayed inside a vehicle or leave tools and other items scattered in vehicle trays. If a tool box is attached, secure the contents with a quality padlock.

Sunseekers and Holiday Makers concered about leaving their property vacant whilst away can email Pemberton.Police.Station@police.wa.gov.au

Send the below details and when possible, we will conduct a patrol.

- Name
- Contact number
- Address
- Dates vacant
- Emergency contact nearby

If you would like further information on crime prevention visit:

<https://www.police.wa.gov.au/About-Us/News/Making-it-tougher-for-crooks>

<https://www.police.wa.gov.au/Our-Community/Publications/Protect-My-Home>

Or phone 131444 or alternatively

Pemberton.Police.Station@police.wa.gov.au

Regards

The team at Pemberton Police Station



WORLD'S GREATEST SHAVE



Please Sponsor Me!

I will be donating my hair to Sustainable Salons Australia.



Scan the QR code with your phone, you'll land on my fundraising page.



My mission is to raise:

\$20,000

Tyler Della Franca is Shaving!

The big day is:

9th July 2022

Otherwise, go to the Leukaemia Foundation Website page and search for me there to donate.

If you would like to contribute a donation to auction or to add to a raffle on the night, please contact me on Facebook.

PAST STAFF AND STUDENTS ARE INVITED TO ST JOSEPH'S PRIMARY SCHOOL'S

70th Anniversary

CELEBRATIONS

Please join us for Mass and Morning Tea to celebrate 70 years of education at St Joseph's Primary School in Pemberton

WHEN: Wednesday 10th August 2022 at 10:00am
WHERE: Sacred Heart Church, Guppy Street Pemberton
 Morning Tea will be held in the St Joseph's School Hall following the Mass

Please RSVP by emailing admin@stj.wa.edu.au or by calling (08) 97761 180

1952 - 2022



● Celebrating 2022 NAIDOC Week ●

The Shire of Manjimup are encouraging all community groups, local businesses and residents to join us in celebrating NAIDOC Week from 3 to 10 July 2022.

NAIDOC Week is a national celebration and opportunity to acknowledge, celebrate and appreciate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

For more information including downloadable resources, please visit www.naidoc.org.au



**GET UP!
STAND UP!
SHOW UP!**

3-10 JULY 2022



SHIRE OF
MANJIMUP



We need people
like you,
to do what we do.

Make a difference and enrich the lives of others with a rewarding career in aged care.

Find your next role at baptistcare.com.au/careers

baptistcare

Simple Tastes

SIMPLY SIMPLE RECIPES

CAULIFLOWER, SNOW PEAS, SPINACH AND CHICKPEA CURRY

10mins prep, 25 mins cooking, serves 6

{ A VERY MILD, DELICATE FLAVOUR }

Ingredients:

- 3 Tablespoon veg oil
- 1/2 head cauliflower, cut into bite-sized florets
- 1 brown onion
- 1 1/2 Tablespoons freshly grated ginger
- 2 cloves garlic, minced
- 1 Tablespoon mustard seeds
- 1 teaspoon turmeric
- 1/2 teaspoon ground cumin
- 1 1/2 teaspoons ground coriander
- 400 mls coconut milk
- 1 1/2 cup vegetable stock
- 300 garm snow peas, destrired
- 160 gram baby spinach
- 400 gram can chickpeas, drained & rinsed
- salt & pepper
- handful coriander leaves, roughly chopped

Method:

1. Heat oil, add cauliflower & onion. Cook aprox 8 mins. Transfer to bowl.
2. Reduce heat to low, add ginger, garlic & spices, cook 2-3mins(until spices are fragrant).
3. Add coconut milk & vegi stock, stir to combine. Return cauliflower & onion to the pan.
4. Increase heat to medium/ high, bring curry to boil; simmer for 10 mins. Add peas, cook 2 mins. Stir through spinach & chickpeas, until warmed through.
5. Season, stir through coriander leaves, serve with rice.

Note, Add whatever vegies you have - I had 1/2 butternut squash to use up, so baked it in the oven for 20 mins, tossed in at the end .

Alice

Mill Hall Update



There are some great happenings in the Mill Hall in July:-

- Kids Movie 'BAD GUYS' FRI 8TH Doors open 5pm Movie starts 6pm
- Old time dance SAT 9TH 7.30PM
- WOW Drama Workshops SAT 23RD & SUN 24TH

Bootscooting is on every Thursday at 5.30pm.

The Pemberton Library is now located in the Lesser Hall of the Mill Hall while the current library building is being renovated during the build of the new Co-location Precinct.

The Mill Hall is still available for bookings during this time. It is a beautiful nostalgic venue which caters for many different functions in the community.

Stay safe, healthy and wise!

Deanne Ventris - President

Red Card Community Fox Shoot

ARTICLE BY JENNY CARLEY

Warren Catchments Council

On Sunday 1st May, Southern Forests Community Landcare hosted a tally and breakfast for the Manjimup & Surrounds RED CARD Community Fox Shoot.

Seven teams worked hard over the weekend to achieve a total cull of 39 foxes, 2 feral cats and 64 rabbits from as far afield as Yornup and Northcliffe and points in between.



Warren Pistol Club kindly provided the venue and volunteers to cook the breakfast. Prizes were generously donated by Manjimup Motors and Alexander's Sport Store for the highest team tally, heaviest fox and heaviest cat.

Jason Dearle from Department of Primary Industries & Regional Development gave valuable information to participants about fox baiting permit procedures. Lee Fontanini collected ear samples from fox carcasses as part of a Macquarie University study into fox population genetics, dispersal and adaptations to their environments.

This cull of 105 declared pest animals contributes greatly to their management, for the benefit of both local farmers and the environment.

Hi everyone,

We hope you're all keeping warm and dry in these winter months. The stormy weather and its aftermath takes us back where we left off last month; chainsawing!

The chainsaws were particularly sharp for a number of our PCA crew as they completed a chainsaw course through Manjimup TAFE earlier in the season. With maintenance of the mountain bike park a key responsibility of the club, it is important to make sure any chainsaw work is carried out safely. Thanks to funding from the Pemberton Visitor's Centre, we now have a team of skilled operators, who look to have had a great day learning skills and different techniques.



The recent storms have wreaked some havoc throughout the park, with trees, branches and plenty of debris across the trails. Thanks to our maintenance program, the PCA crew have quickly and efficiently cleared major hazards. As volunteers, we can't always get out immediately after a storm so remember to use the trails with caution and let us know if you spot any issues.

The wetter weather has also highlighted some problem sections on various trails in the network. Some of our members have utilised the prime trail-digging conditions to repair and rebuild drainage and support in corners. These improvements not only make the trails safer but more engaging and fun to ride!

You may have also spotted a change to the signage around the mountain bike park; the PCA has funded a refresh to the existing trailhead signage by installing new and improved maps and trail information. The main signs at the pool include trail descriptions, while smaller maps are scattered throughout the park to help users with way-finding. Huge thanks to Ascot Sign Co for their assistance in printing and everyone who helped install the new signage - we think it looks fantastic!

Until next time, keep those wheels spinning and smiles grinning!



The PCA Team



Top: Well done Xander, Sean, Peter, Michael and Dave on completing the recent chainsaw course.

Above: before and after pictures of some of the hand built trail repairs to improve support and drainage (Pirate Trail and Relentless Blue Loop pictured).

Left: Sign installation required lots of supervision!

Below left: Ray from Ascot Sign Co showing us how it's done.

www.pembertoncycling.com.au

pembertoncycling@gmail.com

[f](https://www.facebook.com/pembertoncycling) [i](https://www.instagram.com/pembertoncycling) @pembertoncycling

MTB ride - Saturday 8.00am
Pemberton Pool carpark

Road bike ride - Sunday 7.30am
Crossings Bakery



Welcome to mid winter and a good time to delve into your history.

Just by asking some detailed questions of those still around us, you may learn all sorts of information that you should have known but don't.

Our group has a simple template with basic questions to prompt you.

Any information about present and past residents of Pemberton can be stored in our Mosaic system on computer which makes up our history.

Questions like:-

What were the original residents' full names?

Where did they come from?

Which year did they arrive in Pemberton?

What was their reason or occupation for coming?

If they have lived in Pemberton for some time, then a family tree diagram is most useful and a timeline of significant dates and events.

Your name and contact details with an email address can be added to our contact list and we can advise you if an

event is coming up like the planned one for a celebration of 100 years since the Group Settlers came to Pemberton and made up a substantial foundation in our town.

An example could be Fred Wellburn, now 92 and was born here.

His parents: Bob and Elizabeth arrived by ship in 1924 from Sunderland in the UK and went onto Group 65 on the North Pemberton Road as part of the government Group Settlement Scheme. They spent 10 years developing the farm then moved into town to find work and a wage that they could all live on.

Other Italian, Greek and Macedonian families came out to try and make a better life for themselves after the wars. They may have gone into tobacco growing, dairy farming or had a trade to work for the mill. Many adapted to the needs of the area, like tree felling or gardening to provide basic food.

There are so many interesting details in all of their stories and they usually do love to be asked, showing interest in your history and their stories. Then to discover photographs that go with these stories brings little facets to life.

Happy delving and recording of your history.

Contact: Deanne on 97761757 or

email: rosalind.piper270@gmail.com

Pembies Medical Make-over

ARTICLE FROM KARRI PIGEON - FEB 2012 MEDICAL FRATERNITY EDITION.

Photographs courtesy of Salli Higham (Dr Abbott's grand-daughter)

Pemberton really dragged its heels when it came to hospitals with Jarnadup (Jardee) up and running in 1920 and had welcomed Nurse Goodall of the Bush Nursing Association as far back at 1912 and we know of the wonderful work of previous midwives in the area from Mary Anne Reeve of Wilgarrup to our own Neta Goodall of Pemberton. Northcliffe opened in 1925 (with its very own doctor), Nornalup in 1925 and at last Pemberton in 1928, beating Manjimup which did not complete theirs until 1935 -having relied on Jarnadup to this stage.



Doctor William Ryles was Pemberton's first doctor, employed by the State Sawmills to deal with everything that came to hand, and finally Doctor Gordon Abbott arrived and took on the role of practically everything as from 1924 and the possibility of building a hospital became a reality.

It began with each mill worker having two shillings (2/-) taken out of every pay. Card evenings and bazaars were held each week thereafter, with the ladies of course coming to the fore while the mill workers and others worked each weekend to clear the site.



Oh, What a Night - The big event was a ball- and this would take some beating by today's standard, the largest and most lavish ever. Food was donated by farmers, business people and mill workers. The ladies' Committee, with help from the PWD camps who were working on the railway line to Northcliffe, cooked suckling pig, turkeys, hams, sausage rolls and cakes, with fruit, salads and trifles to finish off with .

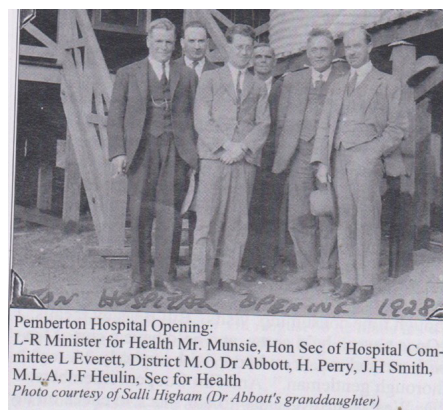
There were six sittings of supper, the last at 4 a.m. A huge supper room had been built by the men next to the Town Hall, with tarpaulins lent by the Railway Department. People came from far and near and talked about the Hospital Ball for weeks to come, so consequently a Hospital Ball was then set in place for many years to come.

It took the community a little over eighteen months to raise Three thousand pounds towards the cost of the hospital with the rest covered by a Government subsidy, Bless 'em.

By November 1927 it was completed and on 19th May the hospital was opened. The first patient had a nail

taken off and the first in- patient was a Mr. Alfred Gooding who had been smashed up in the bush and died soon after. The first baby is said to be Mrs Jean Rising, but we will not have a fighting match about that.

Doctor and Mrs Abbott became an integral part of the Pemberton Story, but more of that at another time.



Pemberton Hospital Opening:
L-R Minister for Health Mr. Munsie, Hon Sec of Hospital Committee L Everett, District M.O Dr Abbott, H. Perry, J.H Smith, M.L.A. J.F Heulin, Sec for Health
Photo courtesy of Salli Higham (Dr Abbott's granddaughter)

Want some help with your Family Tree?

The Warren Family History group meet every third Sunday in Northcliffe at the CRC from 10 - 1pm.
Cost \$3 per person



Call Fiona on 042 7767 755



Department of
Primary Industries and
Regional Development

Backyard Buddies

Your monthly guide to pests, weeds & diseases

July 2022

A fun time for fungi



Left to right: Rhubarb Bolete, *Boletellus obscurecoccineus*, bracket or bookshelf fungi, fruiting bodies of native fungi, and Dog Vomit Slime mould or Scrambled Egg slime mould, *Fuligo septica*.

Fabulously fun fungi!

It is a fun time for fungus fans as the environment starts to become moist and humid – making it the perfect habitat for all sorts of weird and whacky fungi to grow in mulch, lawns, dead tree stumps, and on living trees. This is because the wet season and drop in temperature bring about environmental cues for fungi to start producing fruiting bodies (the mushroom or reproductive part of the fungus).

Fungi are active throughout the year as minute hyphae, hidden in mulch, soil and root systems. They help to break down organic matter, recycling and releasing nutrients for plants to access. The fruiting bodies only last for a few days to a week and will then decompose. The fungus may reproduce again as the winter progresses, or other varieties with different coloured and shaped fruiting bodies will grow in the same area.

Fungi are neither plants nor animals but make up their own highly diverse kingdom with thousands of species. Interestingly, almost every living plant has several fungi that it depends on to help collect micronutrients. In return, the fungi are paid back in sugars and other macronutrients for assisting the plant. This symbiotic relationship is so important that

some plants, such as orchids, won't grow without their fungi friends.

Not always fun...

Fungi are important for making foods like bread, cheese, natural colourings and beverages such as beer and wine. However, some fungi can potentially decimate food crops or kill humans and animals if ingested. So just because they can sometimes look like mushrooms from your local grocery store, it doesn't mean it is safe to touch or eat them - as they can contain fatal chemicals detrimental to human health! While some fungi are fabulous to look at, it is highly encouraged that you leave them where you find them - because their plant partners depend on them for growth and chemical regulation.

If you want to know what fungi you've found, take some photos and then search for fungi factsheets from the Department of Biodiversity, Conservation and Attractions (DBCA). The fungi search site is also available on www.anbg.gov.au/fungi/ and explore www.fungimap.org.au for further information on Aussie fungi, including their conservation. If you have noticed the presence of unfamiliar rusts or fungi associated with native plants or agricultural crops, please report your findings to us for biosecurity screening.

Report suspect pests



MyPestGuide™ Reporter
via app or online
mypestguide.agric.wa.gov.au



Pest and Disease Information Service
(08) 9368 3080
padis@dpird.wa.gov.au

WARRIOR WELLBEING ARTICLE

Men's Sexual Health and Wellbeing

BY THE REGIONAL MEN'S HEALTH INITIATIVE
July 2022

Now that I have your attention, please read on. Men's sexual health and wellbeing encapsulates three broad areas; it is about the physical (male reproductive system; our anatomy); mental (psychological wellbeing); and our social/spiritual wellbeing (effective communication, knowing ourselves, our identity).

What are some of the components that make up men's sexual health and wellbeing?

- What is sex?
- What is the prostate and its problems such as enlargement and cancer?
- Erectile dysfunction.
- Infertility and testosterone deficiency.
- Testicular cancer.
- Sexually transmitted infections.

Now, because I'm a bloke I want to talk about a couple of bits that aren't discussed very often. The first point is sexual dysfunction in men. Because us blokes don't talk about sexual health in a holistic way there is a lot of myth and secrecy about what presents as normal sexual function. Quite often men boast about their sex life and/or the lack of it, but this is different from our overall sexual health. What is normal sexual health function?

There is some recent research which is a great guide in what may be normal regarding sexual function. Whether we want to believe it or not this is linked to age. It goes like this:

- In our 50's – 50% of men are sexually dysfunctional.
- In our 60's – 60% of men are sexually dysfunctional.
- In our 70's – 70% of men are sexually dysfunctional.
- In our 80's – 80% of men are sexually dysfunctional.

It is a normal part of ageing, and us blokes need to talk about it a lot more so it's not a great shock to us when it starts to happen. Is there more to life than sex and what is sex? It is a biological activity that all living creatures partake in, both to propagate the species and for enjoyment. The latter presents the biggest problem with human sex and that is males and females having different sexual needs (which can be challenging for some men). We can't have a positive sexual relationship without connection and intimacy.




To maintain a positive connection, the social/spiritual aspects of our relationship require constant attention. This connection then allows everything else to fall into place.

Some important points to remember in relation to men's sexual health are:

- talking to your partner and your doctor is essential;
- suffering sexual dysfunction increases in men over 50 years of age;
- sexual dysfunction can be a sign of other diseases such as diabetes or heart problems;
- quite often the problem is a combination of physical, mental and social/spiritual wellbeing;
- try and maintain a health and fitness program.

Only by getting men to talk about sexual health will we be able to encourage men to open up and seek treatment, be able to give constructive positive support and ultimately improve that area of a man's life that is vital for overall health and wellbeing. If necessary, book in and see a GP.

Learn more here:

 @rmhi_4blokes

 Working With Warriors Podcast

 regionalmenshealth.com.au



JUNE
2022

Pemberton Visitors Centre President's Report Latest news and updates

Mitchell
Goddin

The Board

The Board has now stated to function with the new structure. Subcommittees have been busy with their own agendas and looking to a long term strategic approach to the Visitors Centre's future.

Some examples are better and regular communications between the VC members and the Board, regular networking functions. The marketing people are updating our image and video library which can be used for social media, websites, print, etc.

Our new retail range will also now include supplies for the Bibbulmun and Munda Bididi trail which has been previously requested by walkers and riders.

It will be small steps but the VC is moving in the right direction to create a dynamic and contemporary Centre. Watch this space.

Co-Location update

The new Co-location Centre has had a few setbacks which the entire construction industry in the state is suffering. Due to lack of supplies and labor the new finish time is looking at around December. It will be a great asset to the town and worth the wait.

We have a new Visitors Centre Manager

After many weeks of seeking we have finally managed to successfully fill the manager's position. We will give more info when we have the details worked out.

This position is pivotal to the future of the VC. The new co-location move together with the change in tourism due to the pandemic means having a manager is essential. This position will complement the managers at the Caravan Park and give an overall higher professional standard to the Visitors Centre

Caravan Park upgrades

If you have the time to see the work done at the caravan park you will be pleasantly surprised. The managers have cleared, levelled, trimmed and dressed the park to create an oasis within the townsite. The park has never looked better and there's more to come which we will let you know in time.

Congratulations to Jason and Michala who have done an excellent job. We look forward to seeing the park grow.





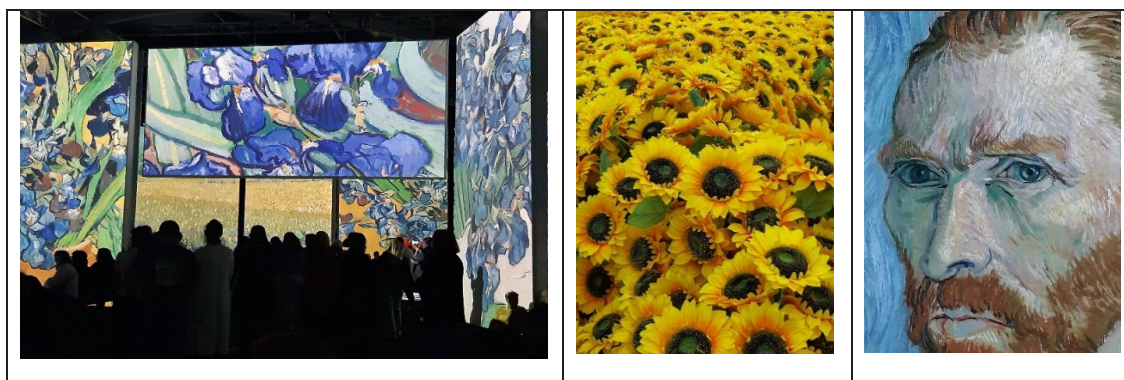
PEMBERTON ARTS GROUP INC



Pemberton Community organisation of the Year 2016.
 www.pembertonartsgroup.org.au
 pembertonartsgroup.facebook.com
 Contact: Anna 0439 369 702
 czerkasow@antmail.com.au

What's On: PAG's 19th Annual Spring Exhibition 2022 is themed "Transience" (not lasting).

<p>2nd-10th of July - Rob Baker's 40 year Photographic Retrospective Exhibition at the Sports Club. The exhibition will be open from 10am -4pm daily. Don't miss it!!</p>	<p>Tony Windberg's exhibition at the Bunbury Regional Gallery---June 11-August 21 where his beautifully muted images juxtapose ancient buildings and landscapes with current thoughts of destruction of the land and the future.</p>	<p>OPEN BORDERS: FLUORESCENT YELLOW // ELECTRIC LIME 04.12.2022 - 21.01.2023 PAINTED TREE GALLERY</p> <p>December 2022: Exhibition curated by Lisa Radomiljac at Painted Tree Gallery in Northcliffe.</p>



Van Gogh at the Supreme Court Gardens – for those who appreciate being immersed! See it for yourself! Check out Quinni Arts' programme and watchout for the Reclaim the Void project. Learn more here: <https://www.reclaimthevoid.com.au/>

"Home Sweet Home" photography exhibition, Painted Tree Gallery Northcliffe till July 20.

Colocation update: It looks like September is likely to be the finish of building – hopefully!

Art sessions: Wednesdays now **10.00 – 1.00**, at rear of CRC during school terms. Come along with your own project or try something new. We have lots of exquisite art books to give inspiration!



Sue Bradshaw delighted us with the unveiling of her natural dyeing materials & samples. What exquisite work!! We look forward to workshoping to discover more about the materials & techniques! Thank you, Sue!!

THANKYOU to all of our sponsors, supporters, artists and super volunteers!!

"Happiness is not something ready-made. It comes from your own actions." – Dalai Lama XIV



WOW PEMBERTON[®] 2022

WEEKEND OF WORKSHOPS 23RD - 24TH JULY

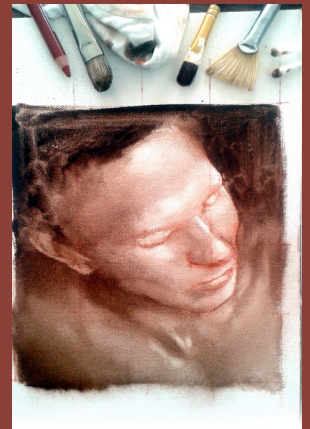


PAINTING FACES WITH TONY WINDBERG

Turn portrait painting on its head! Combine drawing and painting techniques using conte pencil (supplied) and oils to flesh out the face. Draw what you see using proportion, angles and the easy grid transfer technique for pinpoint accuracy. Then add paint with brushes and rags to blend, suggest and define. Create convincing 3D form and a life-like portrait through strategic edges and harnessing the power of tone!

Workshop 1 - Sat July 23, 9.30am – 3:30pm

Workshop 2 - Sun July 24, 9.30am – 3:30pm



\$95 per workshop - includes all materials and lunch



FELTED SLIPPERS WITH FAYE LLEWELLYN

At this workshop you will make your very own pair of fabulous fitted slippers. Faye will give helpful hints and tips on how to produce wildly colourful and useful items using natural materials at the least cost to the maker and the environment. Faye loves to share the techniques she has accumulated from her 15 years of experience including many workshops and loads of trial and error. Faye's workshop will provide you with not only a wearable item and a useful new skill, but you will have great fun in the process.

Workshop - Sun July 24, 9.00am – 4:00pm



\$65 per person - includes felting materials, BYO lunch



CLASSIC KITCHEN WITH ARDAL NIGG

Ardal Nigg, a professional chef, waiter, small business owner, entrepreneur, truffle farmer, viticulturist and local legend. With over 30 years of experience and being renowned for his outstanding menu's and prowess in the kitchen, Ardal is bringing it all together for you at this half day intensive. If you are interested in preparing beautiful food, then this is the workshop for you, A great opportunity to gain cooking tips and tricks from Ardal in his very own kitchen at Hidden River Estate.

Workshop - Sun July 24, 4:30pm- 6.30pm



\$120 per person - includes all materials and dinner

For workshop information or tickets call Pemberton CRC on 9776 1745

Book online at eventbrite (fees apply) using QR code or at

www.eventbrite.com.au/o/pemberton-community-resource-centre-13081138449

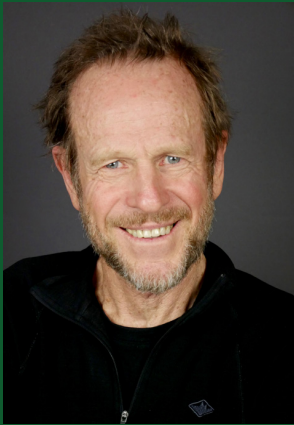
Bring a Friend and receive a \$10 discount on your ticket!



For accomodation bookings call the Pemberton Visitor Centre on (08) 9776 1133

WOW PEMBERTON® 2022

WEEKEND OF WORKSHOPS 23RD - 24TH JULY

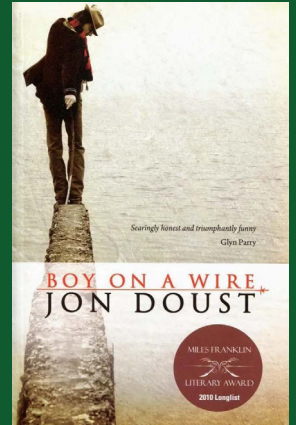


TELLING TALES WITH JON DOUST

Jon Doust is the grandson of a storyteller and when Roy Doust's genes were passed on, they came to Jon. In this story telling workshop Jon will help you find your story, work your content, build your confidence, prepare your body and voice, and then deliver in front of an audience.

Workshop - Sat July 23, 9.00am – 1:00pm
inc Late night story telling preparation, 5.00pm

Performance - Sat July 23, 7.00pm
At the Wine & Tapas Bar - All Welcome



\$75 per person - includes all materials and lunch



ITALIAN SAUSAGES WITH JOHN BENDOTTI

John has been making Italian sausages for over 40 years. In this workshop he will be using an old family recipe (slightly updated) and be teaching tips and techniques he has acquired over the years. In this workshop you will be learning the traditional way of making Italian sausages. John will have his team of local helpers so there will be the opportunity to ask lots of questions and gain some hands-on guidance from the experts.

Workshop - Sat July 23, 12.00pm – 4:00pm



\$75 per person - includes tastings and 1kg Italian sausage



DRAMA WITH FELICITY KINGSTON

Singer, Teacher, Performer, Voice coach, Music teacher, tutor and consultant. With over 20 years of experience in the Industry, Felicity has ways to bring out your best. These workshops are designed as intensives to encourage creativity and confidence in dramatic performance. You will not only enjoy Felicity's limitless enthusiasm, but will benefit substantially from her grounded guidance, useful techniques and performing experience.

Drama Workshop - Sat July 23 & Sun July 24, 10.00am – 12:30pm.

Group performance Sun July 24, 1pm at the Pemberton Mill Hall - all Welcome



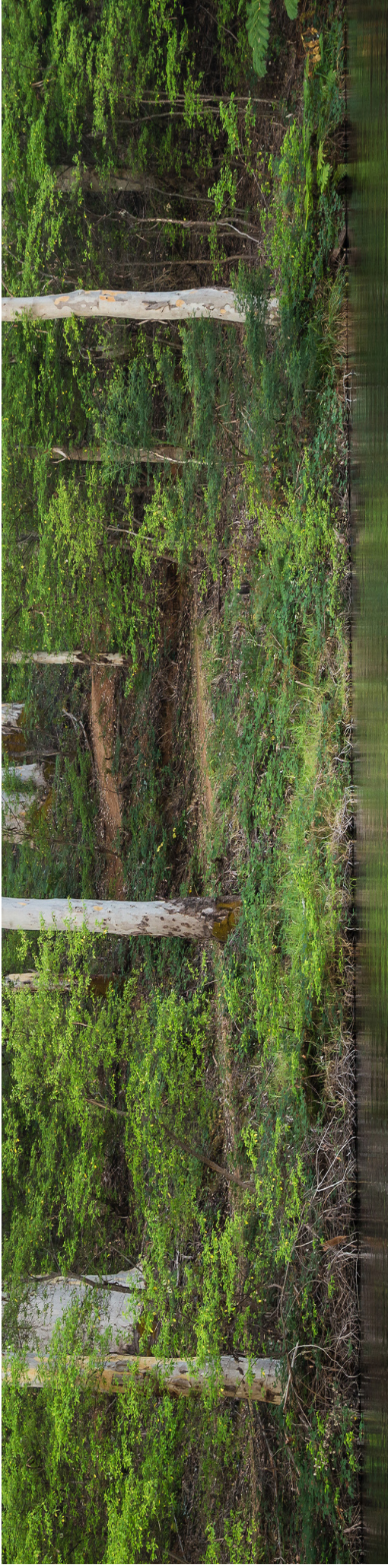
VOCALS WITH FELICITY KINGSTON & BROOKE WILSON

You will be getting a double bonus when attending this workshop, with both Felicity and Brooke teaching vocals and choral singing. Brooke has many years of choral experience, having regularly performing from an early age. Brooke has a Bachelor of Classical Violin & Bachelors of Education degree at WAAPA, and is part of the respected Eneksis Choir. With a deep passion for lush harmonies and soulful melodies, Brooke is a wonderful leader excited to share her love of music with all she comes in contact with.

Vocals Workshop - , Sat July 23 & Sun July 24, 2.00pm - 4.00pm.

Group performance Sun July 24, 4pm at the Pemberton Mill Hall - all Welcome

\$75 per workshop - includes USB of recorded performance



Thank you **Wendy Elby** for the July Calendar photo

JULY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Coming up in August						
<p>4</p> <p>Baking Bread with Tash for 8 – 14 years old from 10am – 1pm – at Bridgetown family and community centre</p>	<p>5</p> <p>8.30am – 10.30am Small Business Seminar: A New Era of WHS in WA at the Tall Timber Manjimup</p>	<p>6</p> <p>Suicide prevention workshop MJP - Call 0409 541 357 Free Youth only Movie 6-9am at NCF CRC - Call 0455 438 890 The Steve Hensby Band MJP - tickets online at Humaniflix Are you bogged Mate? at Pemberton sports club St Joes 70th Anniversary - see pg 3 Ballingup Medieval Carnivale-www.ballingupmedievalcarnivale.com.au</p>	<p>7</p>	<p>1</p>	<p>2</p> <p>School Holidays begin Rob Baker - 40 years retrospective exhibition "From Film to Digital" at the Pemberton Sport Club</p>	<p>3</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>8</p> <p>Free Movie night at Mill Hall @ 5pm "Bad guys" - see page 25 Dress up as a bad guy for photos, prizes free popcorn!</p>	<p>9</p> <p>World's greatest shave @ Sports club - see page 3.</p>	<p>10</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p> <p>Blackwood D&D Winterfest 2022 9am – 5pm at 38 Peninsula Rd Bridgetown Frog Walk & Talk from NCF Visitor Centre 6pm. Book at 9776 7203</p>	<p>17</p> <p>Warren Family History group meet in NCF at the CRC 10 - 1pm. Cost \$3 Call Fiona on 042 7767 755</p>

18 Back to school		19 Free Covid Vax @ Sports Club		20 6pm - 8pm - Drawing Beginners with Nikki Powell at The Rabbit Hole Bridgetown Free Covid Vax @ NCF CRC 10am - 3pm	21 	22 	23 Quiz night at NFCC - See page 25	24 	 See more event information - page 12 & 13
25	26 	27 	28 	29 SafetALK Suicide Alertness for everyone 10am - 1.30pm - at Nannup Community Resource	30 	31 			

More about
WOW
Plenty to do
and see on the
weekend

Saturday 23rd July
9.30 - 3.30pm Tony Windberg - Painting Faces \$75
9.00 - 1.00pm Jon Doust - Telling Tales \$75
7pm late night performance at the Tapas Bar - all Welcome
10.00-12.30pm Felicity Kingston - Drama \$75
2.00 - 4.00pm Felicity and Brooke - Vocal \$75
Drama and Vocals continue same time Sunday

Sunday 24th July
9.30 - 3.30pm Tony Windberg - Painting Faces \$75
9.00 - 4.00pm Faye Llewellyn - Felted slippers \$65
12.00 - 4.00pm John Bendotti - Italian sausages \$75
1pm Drama performance at the Mill Hall - all Welcome
4pm Vocals performance at the Mill Hall - all Welcome
4.30 - 6.30pm Ardal Nigg - Classic Kitchen \$120

Regular Community Events											
	Anglican Church Service 1st Sun @ 11.30am St Hilada's Church, Ellis St, Pemberton Molly 9776 0989		Fire and Rescue 1st Sat @ 2pm Pemberton Fire Station Craig 9776 0091		PCA - Trail maintenance 3rd Sat @ 8.00am Meet at Pemberton Pool Xander 0435 515 147		Solitaire Club Tues @ 11:00am Pemberton CRC Office 9776 1745		Southern Forest Photography 2nd Tues @ 6.00pm Charities room, Pemberton Hotel Rob 0428 275 665		St John Ambulance 3rd Mon @ 7.00pm St John's Subcenter - Pemberton Pauline 0430 011 061
	Archery 2nd & 4th Sun @ 9.30am Manjimup Rifle Range Sonya 0427 247 551		Food Gardeners Club 3rd Sunday @ 2pm Various Locations Charies 0466 633 275		Produce Swap 2nd Sun @ 4.00pm Vic Conte Community Garden		Play Group Thurs @ 9:30 Pemberton Sports Club crèche Chelsea 0407 385 951		Road bike social ride 1st 2nd 3rd Sun @ 7.00am Leaving from Pemberton bakery Christine 0407 774 128		United Church service 4th Sun @ 10am Pemberton Uniting church Tom 9776 1472
	Art Classes with Tony Windberg Thurs @ 9:30am PVC Art Room Tony 0427 852 032		Karate Tues @ 6.00pm, Sat @ 9.30am Pemberton Sports Club. Klaus 0427 711 005		Sacred Heart Mass Wed 10.00am, 1st 3rd 5th Sun 8:30, 2nd 4th Sun 10:30am, St Josephs Church Admin 9776 1180		Youth Zone Fri @ 3.30-7pm Pemberton Sports Club Maegan 0488 940 202		Southerners Home game Times vary Pemberton Sports Club Doc 0427 441 628		Social Tennis Sun @ 3:00pm PVC tennis courts Bev 9776 0647
	Boot scooting Thurs @ 6.00pm Pemberton Mill Hall Terrie 0439 340 237		Mill Hall Dance 2nd Sat @ 7:30pm BYO, Share Supper Pemberton Mill Hall Ros 0467 479 317		MTB Social Ride Sat @ 8.00am Leaving from Pemberton Pool Mark 0429 384 800		CWA Op-Shop Sat 9:00 am - 12:00pm Pemberton CWA Rose 9776 6309		Family History Group Fri @ 11.00am Pemberton CRC Office 9776 1745		Proudly supported by: Department of Primary Industries and Regional Development GOVERNMENT OF WESTERN AUSTRALIA



Cross country

At the beginning of Term Two St Joseph's was invited to participate in the annual cross-country event. The students were eager, so training commenced immediately and continued every Friday morning before



school. Students were keen and participated freely with a positive attitude of doing their best. The most pleasing was the encouragement between students as they trained.

The big day was finally here, on Friday 10th June St Joseph's students were off to participate in the annual cross country running event held at East Manjimup Primary School. There were 12 schools from the district competing, with students

from years 3 to 6. The day started out as slightly overcast



in Manjimup and we were lucky the rain stayed away for the entire event. All of the staff at St Joseph's are very proud as every



student finished their race while showing great heart and commitment to do their best.



On the day St Joseph's came second in the small school category (students' enrolment under 100 students). As we were driving back to Pemberton in the bus, I could see on the children faces that they were tired but also proud of their own personal achievement. Whether it was finishing the race or improving on their result from last year. We had a great day and are looking forward to next year's event.

JUNE AT PDHS



PIRATE DAY



PEMBERTON DISTRICT HIGH SCHOOL

PDHS was a hive of activity in June.

The highlight of Week 5 was Pirate Day, hosted by our Primary Student Council to raise money for The Kids' Cancer Project. Pirate Day is a fantastic initiative that raises awareness and crucial funds for brain cancer research, and our students showed tremendous enthusiasm for this fundraising event. Thank you to everyone who made a gold coin donation and dressed up in their best pirate attire. Thank you also to all the families who so generously contributed to the bake sale, which was a tremendous success at recess and lunch.



CROSS COUNTRY

After training twice a week this term, selected students from Years 3-6 competed in Week 7 at EMPS in Interschool Cross Country. The event involved students from 12 different schools throughout the region, so the competition was fierce. Congratulations and thank you to all our competitors for representing our school in such a positive way on the day, as well as their dedication and commitment to training and preparation. Thanks also to Mrs Schmidt and our parent volunteers who made this event possible.



AFL CLINIC

Also in Week 7, our students from Years 2-10 took part in AFL clinics run by Matt Chave from the WA Football Commission. The clinics focused on having fun whilst developing footy skills. The school also received a set of footballs for engaging with the program.



AGRICULTURE

In June our Year 8-10 Agriculture students harvested a huge yield of sweet potatoes from the Aquaponics bed. What started as an experiment turned out highly successful. They estimate that they took 5 to 6 kilograms of tubers, which have only been in the bed for less than six months. Everyone was very pleased. They also washed and sorted them into three categories: edible, plantable and compostable.



COMMUNITY UPDATE

2022-23 State Budget

☎ 9848 3171
 ✉ Jane.Kelsbie@mp.wa.gov.au
 📌 JaneKelsbieWarrenBlackwood

Jane Kelsbie MLA
 MEMBER FOR WARREN-BLACKWOOD



Budget Highlights

- ✔ **\$400 Household Electricity Credit** to every WA household
- ✔ **Record regional health infrastructure funding** and more doctors and nurses for regional WA
- ✔ **\$4.2 billion** Royalties for Regions
- ✔ **\$2 billion** in **electricity and water subsidies** so regional residents pay the same as metro users

Environment

- ✔ Announced an **end to native logging** in our South West native forests from 2024
- ✔ **\$500 million boost** to **Climate Action Fund** taking the total to \$1.25 billion
- ✔ Introduced a **Plan for Our Parks**, creating five million hectares of new national parks, marine parks and other reserves
- ✔ **\$59.3 million** for the **Clean Energy Car Fund** to encourage the use of zero/low emission vehicles

Jobs and Investment

- ✔ **\$80 million** to support workers, businesses and communities to transition from native timber through the **Native Forestry Just Transition Plan**
- ✔ Bringing **Main Roads jobs in-house**, with 490 jobs based in regional WA, including establishing a **depot in Manjimup**
- ✔ \$70 million boost **to attract tourists** and **stimulate income for local business**
- ✔ \$4.6 million for the **Tree Top Walk in Walpole** to perform maintenance works



Safe and Connected Communities

- ✔ **Additional \$2 million** to **Community Resource Centres** to provide important services to regional communities
- ✔ From 1 July 2022, **regional airfares capped at \$199 one-way** for eligible travel between Albany and Perth
- ✔ **Improving mobile and internet coverage** through the WA Regional Digital Connectivity Program
- ✔ **\$11 million** to secure WA's first **Large Air Tanker** to be based in Western Australia during bushfire season

Health and Covid Response

- ✔ **Biggest ever investment in WA public health system**, including **\$252 million** to boost and reform emergency capacity
- ✔ Delivering **more beds, nurses and doctors** across WA
- ✔ **\$635 million** to secure RATs and run the **WA Free RAT Program**
- ✔ Continuing the **WACHS Mental Health Emergency Telehealth Service** with a **\$5.1 million** investment

Education and Training

- ✔ **Investing in STEM** in Warren-Blackwood schools, with resource grants and classroom upgrades in Boyup Brook, Bridgetown, Nannup, Denmark, Manjimup, Mount Barker, and Northcliffe
- ✔ **\$54.6 million** increase in support for students with disabilities and additional learning needs
- ✔ Funding the biggest **TAFE capital works program** in WA history and **reducing fees** for 210 high priority courses
- ✔ **\$4.5 million** for a new **tool rebate** to support building and construction apprentices

Authorised by J Kelsbie, 5/78 Strickland St, Denmark WA 6333

New school-based trainee at the CRC

ARTICLE BY AMELIA-JANE QUINTON
 Photograph by Mrs. Brooks & Mrs. Guery, PDHS

I've recently started at the Pemberton Community Resource centre (PCRC) enrolled in a school-based traineeship, supervised by Pei Chen Ho and Gaye Van Hazendonk.

I work every Thursday from 9am- 4:30pm to learn and develop new skills in the office, administration, setting-up equipment and learning how to use computer software.

While working at the PCRC, I still go to school and do classes such as art, history, drama and



English. I am working for the PCRC to achieve a Certificate II in Business and Administration.

Over the short time I've been working at the PCRC, I have been given tasks such as typing out price lists, printing, laminating, talking to locals and joining in with the Food Sensations group for



approximately four weeks. I have had a good time at the CRC so far and am looking forward to the coming year.

Monthly Prayer

O LORD, hear me as I pray; pay attention to my groaning.

Listen to my cry for help, my King and my God, for I pray to no one but You. Listen to my voice in the morning, LORD. Each morning I bring my requests to You and wait expectantly.

O God, You take no pleasure in wickedness; You cannot tolerate the sins of the wicked. Therefore, the proud may not stand in Your presence, for You hate all who do evil.

You will destroy those who tell lies. You, the LORD, detest people who tear others down and those who deceive.

Because of Your unfailing love, I can enter Your house, I will worship at Your Throne with deepest awe. Lead me in the right path, O LORD, or those who wish me harm will conquer me. Make Your way plain for me to follow.

Let all who take refuge in You rejoice; let them sing joyful praises to You forever. Spread Your protection over them, that all who love Your name may be filled with joy.

For You bless the godly, O LORD; You surround them with your shield of love.

We praise You at Your throne and seek guidance from You as to ways in which, by faith, we might see You more clearly, follow You more nearly and love You more dearly.

We pray in Jesus' precious name. Amen
 (Prayer based on Psalm 5)



Movie Review

Silver Linings Playbook

2012 Rated M 2h 2m

Directed by David O. Russell and nominated for 8 academy awards, this movie is well worth a watch.

After a stint in a mental institution, Pat (Bradley Cooper) who suffers a bipolar disorder moves home with his parents and tries to reconcile with his ex-wife.



The entire cast including Robert De Niro as Pat Sr. (Dad), Jacki Weaver as Dolores Solitano (Mum), Chris Tucker as Danny, Anupam Kher as Dr. Cliff Patel and John Ortiz as Ronnie gave awesome performances for their outstanding characters.

The drama and difficulties of mental illness and the complexities of family, friends and life in general are skilfully portrayed and poignant.

Things get more challenging when Pat meets Tiffany (Jennifer Lawrence), a mysterious girl with problems of her own.

The story revolves around these two fractured individuals and how, through their difficulties, create a connection which helps both of them heal in unique ways.

A fantastic feelgood movie that could make you cringe, cry, cheer or clap at any given moment.

A film that depicts not only the complications of family, love, and life, but also cleverly represents the complex nature of mental illness.



safeTALK

**Make a connection.
 Help save a life.**

Tell. Ask. Listen. KeepSafe.

safeTALK is a half-day alertness workshop that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide alert helper.

Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives.

Through their words and actions, they invite help to stay alive.

Used widely by professionals and the general public, safeTALK-trained helpers recognise these invitations and take action by connecting them with life-saving intervention resources.

To learn more about safeTALK and to see the evidence visit the LivingWorks [website](#).

! upcoming TRAINING

Location:
 Nannup Community Resource Centre
 10 Warren Road, Nannup.

Date:
 FRIDAY 29 JULY 2022

Time:
 10.00AM - 1.30PM

Hosted by:
 SJOG

Cost: FREE

TO REGISTER click [here](#).






VOLUNTEERS WANTED



Are you in Monkey Mia for 4 days, are at least 16 years old, and want to make your holiday extra special?

Monkey Mia Dolphin Experience is seeking volunteers to help with the dolphin experiences and conservation of the reserve!

As a volunteer some of the activities you get to participate in include:

-  Preparation / feeding of the dolphins
-  Dolphin data collection and collation
-  Maintaining our beautiful beach front

Work time is short, either 7am – 12pm or 12pm – 4pm, so you have half the day to enjoy beautiful Monkey Mia and Shark Bay.

Volunteers receive FREE entry to Monkey Mia reserve & complimentary tea, coffee and biscuits.

For this once in a lifetime opportunity visit the DBCA Monkey Mia Booking Office or contact us by email: monkeymiavolunteers@dbca.wa.gov.au

Dead Chicken Sandwich

ROZZI IN OZ

Let me take you to my home suburb where I spent my childhood. A happy and adventurous early childhood with Freddy, three years older and sister Georgie, 9 years my senior. My sister did not find my antics as entertaining as I would have liked but in later life I realised it was the big age gap. I want to share one of the many experiences we had in our modest cottage in Rosebank, a suburb in Cape Town, South Africa.

This story features Granny's older brother, Arthur. Uncle Arthur was the only "real" paternal uncle we had at this stage as dad did not have any brothers. A child's perception of family can be quite different depending on relationships. Uncle Arthur, or "Attie" as he was known, was addressed differently by Granny. As her older brother, she called him 'Boeta', which means brother in Afrikaans. To us, her three grandchildren, he was Uncle Boeta. He was an uncle and brother combined - unusual, if used in one title. I often pondered over this name but it was totally accepted and respected in our family.

Now that the location has been set and the characters introduced, I will proceed to tell the actual story. Uncle "B" whom you have now met, came visiting every Monday after work, around 5 o'clock. How did I know this at 5 years of age, you may ask? The shape of the numeral confused me at first with the letter S. As I heard the clock striking 5, I'd count and look at the number and soon noticed the difference between number and letter which I practised on my slate in preparation for "big school".

"It's Monday and it's 5 o'clock and I would quietly wish uncle "B" would come. Yes, he was as regular as clockwork and always arrived on the 5 pm train from the city. It was only a two minute walk to our home from the train station.

Uncle "B" was one special visitor who did not have to knock on our front door. I'd hear the latch on the front gate opening and wait in anticipation for the brass doorknob to turn like magic and then the brown paint spotted shoes would appear in the doorway! "Uncle B"!! I'd shout with glee, often stopped by Georgie who thought I should tone down

my squeaky voice a bit as the neighbours would think us a bit "crazy".

This reprimand failed to curb my enthusiasm and excitement. Any guest, family or not, created a warm atmosphere in our home with lively exchange of conversation and I loved those visits.

Uncle "B" had the habit of ruffling my hair as I grasped his big rough hand and led him into the kitchen where a delightful spread awaited us, prepared by Granny well in advance. I had the honour of sitting next to him and shared in the treats, listening to his work experiences and yarns which created peals of laughter. Uncle "B" was a painter, as you may have guessed and had paint spots on his balding head and sometimes on his graying

moustache! He had a hearty laugh and I don't recall him being unhappy or ever complaining about anything (at least not in my presence). I think that was another reason why I enjoyed being in his

company. I loved my Uncle "B"

After tea and treats while he was talking to Granny, it was my task to clean his little lunch case. Dad had made it specially for his uncle. I looked forward to this and Georgie once remarked it was because I was too nosy and wanted to see what was inside. Yes, I agreed because I wanted to see what Uncle B's wife Rosie had packed in for his lunch. He always kept the fruit; an apple or orange for me on Mondays. The best snack though, was the single sandwich left in the lunch tin. Granny had told her brother on several occasions to have all his lunch but he responded that it was because he

prepared himself for her afternoon tea. Uncle B and I had a secret. He would wink at me and motion towards his lunch case. "See if you like it". Like it? I loved that day old sandwich with leftover Sunday roast chicken. The smell when I opened that lunch tin was indescribable - even today I remember a whiff of paint and roast. The bread, firm and homemade with tasty butter and "dead chicken"! At first I was sceptical about eating the "dead chicken" sandwich. Because we had chickens as pets I did not understand why Georgie called it "dead".

Freddy, however, explained that all meat was once alive, had to be slaughtered, washed and cooked and that's how it was eaten. I could



understand my sister's attitude, though she never ate chicken because of our pets. "We don't eat our pets," she reasoned so why should this be different?

Back to my little job. I would carefully wipe out the lunch case and lunch tin and put my "dead"


chicken sandwich treat aside for later. It became a "duty" and showed appreciation. I enjoyed packing the clean lunch tin, enamel mug, and folded cloth serviette in the case. Granny always added a packet of tea, condensed milk or a packet of biscuits in as well for her sister-in-law. This generous gesture always reminded me of the joy of giving.

Uncle "B" by this time would check on his pocket watch to make sure to be in time for his homeward bound train. Freddy and I usually accompanied him to the train station. Our parting conversations revolved around his vegetable garden and how economical it was to grow one's own fresh produce. At departure he wished us well until the following visit and a final ruffling of my hair!

I have such fond memories of Uncle "B"; his loving, caring ways and of course the unforgettable 'dead' chicken sandwiches. I consider it an amazing blessing to have loving family members who make lasting impressions on young lives with their wisdom and exemplary ways. I am sure you all have such dear people in your lives whose memories you treasure as I do, of those early childhood days!

A child's perception of family can be quite different depending on relationships.





~ CLASSIFIED ADS ~

- Births
- Deaths
- Marriages
- AGMs
- Birthdays
- Thank you
- Graduations

Published free for one edition

Classified Ads—\$10 per inclusion

Letters to the editor must have a name, phone number and address.

pcn@pembertoncrc.org.au



PRODUCE IN FOCUS: Chestnuts



Chestnuts are in season, so let's take a closer look at this tasty nut!

Did you know of the health benefits of chestnuts? They're low in fat and offer a healthy dose of vitamin C, which is something not commonly found with other nuts. Chestnuts are packed with folate, potassium, antioxidants, dietary fibre and are low in kilojoules with a 30 gram serve providing 217 kJ (52 Cal). Australian Chestnuts surprisingly contain immune boosting vitamin C, so it's no wonder they score a full 5 stars on the health star rating!

Chestnuts can be prepared in a variety of ways, like roasted, grilled, barbecued or boiled. They're a great addition to a wide variety of different dishes. Served whole, halved, in pieces or pureed, the versatility of chestnuts stretches from hearty European stews and spicy Asian stir-fries to roast stuffing and creamy soups.

In 2020, over 1,100 tonnes of fresh chestnuts were harvested in Australia across approximately 300 chestnut orchards. Like with most fresh produce, there are many different varieties of chestnuts and each has its own distinctive characteristics. The four most-planted varieties are Red Spanish, Purton's Pride, De Coppi Marone and Bouche de Betizac.

GROWER PROFILE: John & Linda Stanley | Chestnut Brae



Since 2013, John and Linda Stanley have been passionately farming chestnuts and creating chestnut products on their 70-acre Nannup farm, Chestnut Brae. The husband-and-wife duo farm naturally without pressure on animals or the land using regenerative agriculture practices.

Each year they harvest 12 tonnes of chestnuts between March and June from their 36-year-old trees with 60% of their total yield used to create value added products including chestnut flour and chestnut fed pork.



WINTER WONDERS IMMERSIVE OVERNIGHT TOUR

Saturday 6th - Sunday 7th August, 2022

Delve into the food, wine, and culture of the Southern Forests on this immersive weekend to explore the winter wonders on offer.

A specially curated overnight tour to explore the genuinely extraordinary winter tastes, sights, and arts of the region.

Let your creative side run wild at an immersive workshop led by local artist, tantalise all your senses whilst you explore the underground treasures from truffles to Understory sculptures, and taste, sip, and attain your way through the Southern Forests premium food, wine, and arts.

Tour inclusions:

- Overnight 3 star accommodation
- Truffle hunt and truffiere tour
- Art experience: guided tour of outdoor sculpture walk

- Food experience: behind-the-scenes visit to meet a local farming family
- Wine experience: guided wine tasting by local winemaker
- Immersive art class/workshop by local artist (take home your creation)
- Meals: 1 x two course lunch with local wine; 1 x two course dinner with matched wines; 1 x continental breakfast; 1 x one course lunch with beverage
- In-region transport
- Local host
- Opportunity to purchase produce and arts and crafts direct from the producers

For any enquiries please contact Laura or Jennifer on 08 9772 4180 or marketing@southernforestsfood.com.

Urban Forests

We all have a relationship with the natural environment and need to recognise that nature and greenery are essential to our wellbeing. As well as our intuitive connection with trees, there are proven economic, environmental, psychological and physical benefits.

Some of these benefits include an increase in property values, increased shading and cooling of urban areas, improved aesthetics and social amenity. Trees also add to biodiversity, better air quality, increase resilience to changing climate impacts and the storage of carbon while functioning as a key element in the design of water sensitive towns and cities.

The road verge provides the opportunity for native tree and scrub planting to provide continuous and converging tree canopies for shade and aesthetics, giving a suburb character. Some examples of native grasses suitable for the verge, that don't need mowing are: Weeping, Tussock, Common wallaby and Lemon scent grass. Some scrubs that are suitable: One-sided bottlebrush; Lavender grevillea; White myrtle; Silver banksia; Pink thryptomene and Dusty daisy bush.

By recognising the benefits and values of existing trees, protecting established trees in parks, streets, public spaces and private spaces, increasing the diversity of native species planted and increasing the amount of native tree canopy coverage in an area, an urban forest is formed.

Locally the Pemberton (Town) Arboretum has the potential to become a multi-use Urban Forest for all. There are plans to construct mountain bike- and walk-trails expanding on Pemberton Trails' Hub. But this area can be so much more. Think of a mini 'Kings Park' with an abundance of native vegetation integrated with a family-orientated activity trail. And all this on our doorstep.

To receive additional funding from the WA State Government for such a project an Urban Forest Strategic Plan would need to be developed by local government. WALGA has the templates. Funding can be available from:

- ✓ Department of Planning, Lands and Heritage: to build on existing strategies to protect and enhance urban forests;
- ✓ Department of Water and Environmental Regulation: to develop and implement a Wildflower Friendliness Rating Scheme, to reward local governments with wildflower-friendly roadsides; and
- ✓ Department of Jobs, Tourism, Science & Innovation; Treasury: to leverage WA's iconic vegetation to create regional jobs in tourism and conservation.

Urban forests can help local governments achieve Sustainable Development Goals (SDGs) through contributing to enhanced amenity and quality in urban environments and helping to mitigate and build resilience to climate change.¹

Land clearing and development are resulting in increases in temperatures in urban areas. In the South West of WA climate change - higher average and extreme temperatures and reduced rainfall - have a significant impact on tree retention and management.

According to a 2017 study by the CRC, shade from a tree can block out up to 90% of the sun's radiation, increasing the amount of heat that we lose to our surroundings as it cools the ground beneath us.

1. SDGs (= Sustainable Development Goals) were adopted by world leaders at a United Nations Summit, November 2017 to end poverty, protect the planet and ensure that all people enjoy peace and prosperity, fight inequalities and tackle climate change. The protection and growth of urban forests creates more sustainable towns and cities, enhances natural habitat and fosters sustainable economic growth. SDG 15 aims to "protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss".



Evapotranspiration helps reduce the area's heat by intercepting the sun's radiation before it reaches the ground. This process occurs when the sun's rays hit the trees' canopy, causing water to evaporate from the leaves. This cools them down – just as sweating cools our skin – thereby reducing the amount of radiation left to warm the surrounding air. (See photo above by Greenpeace Australia Pacific).

Native vegetation is part of Australia's natural heritage. It contains the organisms that have evolved here over millions of years. Australia's bushland is one of the features that identifies Australia as a unique country. On a national scale, our bushland is a major element in tourist promotion of Australia abroad. The bush provides visual diversity and adds a different dimension of beauty to the landscape. Native vegetation makes an important contribution to maintaining our local identity, and affects our ability to attract tourists. The bush ensures the shire's viability.

Bushland provides habitat for our indigenous fauna and also conserves our unique flora: the trees, shrubs, grasses, ferns, herbs and the tiniest mosses. WA has one of the most diverse collections of plants in the world, many of which are found nowhere else. They are an extremely important scientific, educational and economic resource, and provide a home for our unique fauna. WA is the 'Wildflower State' with an enormous value in the ecology. If we lose our place as the "Wildflower State", then we will lose far more than our local identity.

Pemberton Woodlands Estate Group – Deborah Dirks

References:
 'Better Urban Forest Planning - A Guide to Support the Enhancement of Urban Forest in Western Australia' DPLH; WALGA; Nov 2018.

Sports Club

ARTICLE: SHARON ROCHE



Here's what happening at the PSC

Rob Baker Photography 40 years retrospective photography exhibition. "From film to digital" July 2 to July 10 10am to 10pm.

SWAM returns Tuesday July 19 for FREE Covid & Flu shots, van will be in the lower carpark from 11am to 4pm

The big shave is being held at the Pemberton Sports Club **Saturday July 9th**, there will be raffles and merchandise available to purchase on the night. There is an amazing young lady in town who is taking part in the "World's Greatest Shave" her name is Tyler Della Franca and she is shaving off her amazing hair to raise money for the Leukaemia Foundation. Please donate and help Tyler reach her goal - see Ad on page 3.

Tuesdays:

Netball is firing up towards the finals so get down and watch some games.

The Karate Kids will be kicking up a storm from 6pm.

Southerners training from 5.30pm

Ladies darts continues from 8pm

Wednesday:

The snooker balls will be dropping from 6.30pm, if you would like to join in contact Bob for more information on 0467 709 064.

Thursday:

Southerners Juniors train from 4.30pm.

Pemberton Men's darts competition continues from 8pm.

Friday:

Pemberton Youth Zone is back every second Friday 5pm to 8pm all youth 12 to 25 years are welcome.

The Members JACKPOT is climbing, tickets from 5pm to 7pm draw is 7.15pm.

Saturday:

From gam Karate is on upstairs on the mezzanine floor.

Our gym and squash courts are open Monday 9am to 5pm and Tuesday to Saturday 8.30am to 11am - 2pm to 8pm, payment can be made at the office or down at the bar.

As always remember - Kindness begins with the understanding that we all struggle.



FOOTY FIXTURES FOR July 2022

Sat 2nd July	Kojonup v's Southerner's	Juniors & Seniors BYE for 8/9's & Colts
Sun 10th July	Southerner's v's Boyup Brook	Seniors & Colts (v's Tigers)
Sat 16th July	Bridgetown v's Southerner's	Colts only
Sat 23rd July	Tiger's v's Southerner's	Juniors
Sun 24th July	Tigers v's Southerner's	Seniors & Colts
Sat 30th July	Southerner's v's Bridgetown	Juniors & Seniors
Sun 31st July	Southerner's v's Bridgetown	Colts only

King Karri Cup 2022 Golf Results

ARTICLE BY BRADLEY DE CAMPO

Photographs by Steven Fisher

RESULTS 5/6/22

King Karri Kup for 2022, Major Sponsors were Joe Bendotti @ Bendotti Avocados, STANS Manjimup Farm Machinery, Perrella Steel & Industrial Supplies and Pemberley of Pemberton Wines.

Novelties: NTPs #4, Meryon Montgomery. #7, Robert Moltoni. #13, Eric (Flicka) Moltoni. #18, Bill Chapman.

Best 2nd #8, John Higgins. #15, Rance (another eluding name).

Best 3rd #6, Shaun Malone. #14, Shaun Malone.

Long Putt #9, Fred Charles Knight.

Long Drive (19-27) #1, Meryon Montgomery.

Long Drive (18-0) #10, Nate Meehan.

This year with 49 players coming from far and wide to come try and drink from our winner's chalice, brought in some new contenders along with some defending champions which is always good to see.

In 5th place, tangled up in a 5-way count-back with Stephen Westbrook, Stephen Mills and Eric Moltoni, was Geoff Slack-Smith with 35 points and Garry Rising taking 4th place on 35 as well.

The top 3 places were a bit more straight forward with only 1 point between them, I bet they will reminisce about all those missed putts out there, but taking 3rd spot was Bradley De Campo on 36.

2nd place went to Sean Newman who had 37 points.

The winner, for the King Karri Kup of 2022, new blood down in our small town was Shaun Malone with 38 points. Congratulations to Shaun on taking out the competition.

Now we do have a rule where if you are in the winner's circle you cannot take home more than one major prize but we will get to some honourable mentions:

Unfortunately our newest member did not have a valid handicap for the day so we gave him 18 to play off of (which he won't be playing on for long). But Mark Symons had 39 points for the day, a contender for next year I'm sure.

The Best Gross went to Stephen Westbrook who shot 79, giving him 35 stableford points.

The winner of the VETS was Eric Moltoni with 35 points.

And the NAGA of the day went to Rob Moltoni.

Congratulations to all the winners, even tho the weather was a bit brisk over the weekend the last hole, the 19th, had the fire going, bar open and warm atmosphere to accompany the day.

Thank you to all of the players who attended, sponsors and volunteers that helped make the weekend possible and see you all next year!!



Who's your favourite Bad Guy?

ARTICLE BY PEMBERTON CRC
Photograph by Anna Czerkasow

Once again we have a free movie for the kids on the school holidays - Friday 8th July.

Thanks to the Pemberton Chamber of Commerce, who sponsor this event.

Doors open at 5pm for games, raffles, prizes and an opportunity for photos of those dressed in their favourite "bad guy" costume. **Fancy dress optional but encouraged.**

Prizes for the best dresses, most convincing and most creative. With so many great bad guy characters over the years, who are you going to choose?

Thanks to the Pemberton Police for their generous donation of prizes.



We will have full colour prints of photos available to purchase at the CRC after the event.

Don't forget to book your seat at the Pemberton CRC.

Book at office@pembertoncrc.org.au, or call us for more information on 9775 1745.

Hope to see you there!

Free Movie Night

Proudly sponsored by **PCCI** PEMBERTON
Pemberton Community Resource Centre

the BAD GUYS

School Holidays
Friday 8th July 2022

Photo booth available so dress-up as your favourite **bad guy** for photos, prizes and free popcorn

Raffle, Games and Prizes!

Pemberton Mill Hall
doors open at 5pm
Movie starts at 6pm

Please book your seat
9776 1745
office@pembertoncrc.org.au

FROM FILM TO DIGITAL

ROB BAKER - 40 YEAR RETROSPECTIVE PHOTOGRAPHIC EXHIBITION

2-10 JULY 2022, 10AM-4PM
JARRAH & KARRI ROOMS, PEMBERTON SPORTS CLUB
1 CLUB ROAD, PEMBERTON

Many thanks to
Southern Forests Photography Club, Pemberton Arts Group, Brad Hanrahan Printing,
Pemberley Wines, Frame-It, Pemberton CRC, Pemberton Sports Club, Wild at Heart Catering

SIGN UP NOW

for the Quiz Night of the year!

TICKETS: \$10 p/p

TABLES OF 8-10

Northcliffe Family & Community Centre

QUIZ: THE NIGHT!

SATURDAY JULY 23



Let's Play \$10 BINGO!

PLAY TO WIN A \$100 FAMILY SUNDAY BRUNCH

Bring your scorecard in to Wild at Heart to redeem the offers in the square's. Complete all square's to go into the draw. Offers are only available to the person with the card. Dine in or Takeaway

MONDAY
\$10 COFFEE
AND CAKE

TUESDAY
\$10 TOASTIE
WITH ANY DRINK
PURCHASE

WEDNESDAY
\$10 SOUP
OF THE DAY
FROM
11.30 AM - 2.30PM

THURSDAY
\$10 DEVONSHIRE
TEA SERVICE

FRIDAY
\$10 SAUSAGE
ROLL AND CHIPS
FROM
11.30 AM - 2.30PM

WILD CARD
2 for 1 MUFFIN
WITH ANY HOT
DRINK PURCHASE

ENTRY FORM

NAME: _____

PHONE: _____

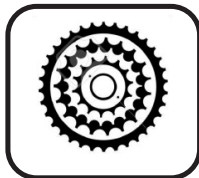
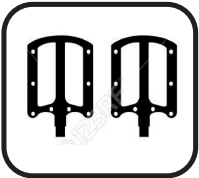
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JOIN OUR CLUB

CHECK THIS BOX IF YOU WOULD LIKE TO RECEIVE FREE THINGS ON YOUR BIRTHDAY SPECIAL OFFERS AND FIRST DIBS ON EVENTS

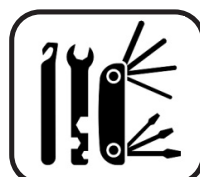
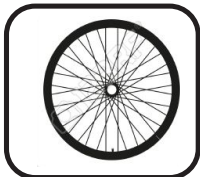
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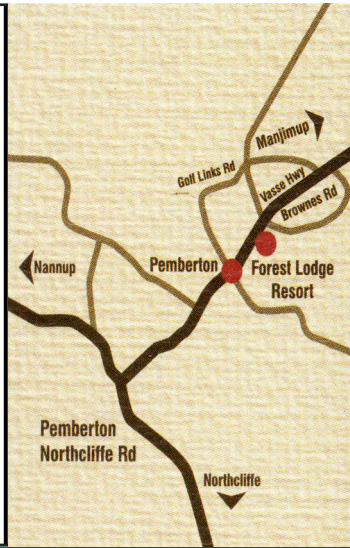
42 Brockman Street

Ph: 9776 1909

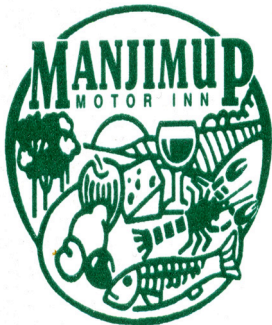


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issues that affect industry in your local area.

For membership forms please contact:

pembertoncci@gmail.com

OR

Call up or visit the Pemberton CRC where we can give you more information on this excellent Business Resource.

(08) 9776 1745

Don & Kathy



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Manjimup Shire Bulletin

July 2022



PRESIDENT'S MESSAGE

The Shire is currently consulting with the local community and Windy Harbour stakeholders to develop a Coastal Hazard Risk Management and Adaptation Plan. The Plan will create a coastal management framework for the next 25 years. It will assess risks to guide recommendations for adaptation that are in line with State Planning Policies. Following last week's community workshop a survey will also soon be available.

We are currently in the middle of NAIDOC Week, an important time to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of the oldest, continuous living cultures on earth.

COUNCIL HIGHLIGHTS

Corporate Business Plan

Council recently adopted a minor yearly review of the Corporate Business Plan. A major 4-year review of the Corporate Business Plan, due in June 2025 will occur alongside the Shire Strategic Community Plan, in which wider community consultation is actioned to review and define the Plan's content, ensuring it is kept current, meets community expectations and to comprehensively reassess the Plans projections.

The following six action items have been added:

- Investigate the rationalisation of Crown land for the purposes of residential subdivision in all Shire towns.

- Advocate for, and support the completion of sewerage infill in Manjimup, Pemberton, Northcliffe and Walpole.
- Advocate for the provision of utilities including three-phase power and adequate water pressure for all Shire industrial areas.
- Manjimup Airport to be developed to support 50-seat aircraft for fly-in fly-out and emergency service provision.
- Ensure the Manjimup Airport maintains capacity to support access to the Royal Flying Doctor Service.
- Advocate for the upgrading of Graphite Road to support local tourism, agriculture and industry.

Policy Reviews

The following policies have recently been reviewed by Council:

- 5.1.9 Temporary Camping for Events.
 - 9.1.2 Land Resumption.
 - 9.1.7 Bitumen Sealing or Road Improvement Works on a Joint Basis.
 - 9.1.13 Private Services in Road Reserves.
 - 9.1.18 Temporary Sign Approval - Advertising of Community Events and Public Information.
 - 9.1.19 Variable Message Signs.
- The policies can be viewed on the website at www.manjimup.wa.gov.au/policies

SHIRE NOTICES

2023 Raffle Stall Bookings

Raffle stall bookings for the 2022-2023 financial year for the Manjimup Newsagency site can be made at the Administration Office. Bookings are limited to eight per group per annum. For further

information contact the Shire Administration Centre on 9771777.

2022-2023 Fees and Charges

The fees and charges for the 2022-2023 financial year were adopted by Council on 26 May and came into effect on the 1 July 2022. You can view the new fees and charges on the website at www.manjimup.wa.gov.au/feesandcharges

Employment Opportunities

Community Development Officer Closes 15 June 2022

COVID-19 - Pulse Oximeters

Members of the community who are either pregnant; over 65 or Aboriginal and over 50 can collect a free pulse oximeter from the Shire Administration building or the Pemberton, Northcliffe or Walpole Libraries.

NAIDOC Week

The Shire of Manjimup is encouraging all local businesses to join us in celebrating 2022 NAIDOC Week. NAIDOC Week is a national celebration and opportunity to acknowledge, celebrate and recognise the history, culture and achievement of Aboriginal and Torres Strait Islander peoples. You can show your support in many ways, by creating a vibrant window display in your shop front, displaying the NAIDOC Week poster on your window or by promoting the week through your social media channels.

SHIRE NEWS

Libraries

Premiers Reading Challenge. Students from Kindergarten up to Year 10 are invited to sign up and take part in this year's Premier's Reading Challenge WA! The challenge is to read and log at

least 12 books and readers will be in the running to win some fantastic prizes, including family holidays and experiences across Western Australia.

The challenge runs until 9 September 2022, and no matter where you are from, you can uncover great mysteries and explore thousands of amazing stories through the enchanting world of books.

AquaCentre

The winter fitness timetable is available now on our website and the AquaCentre Facebook page.

Enrolments for the Freestylers Swim School July 2022 Holiday Program opened on Monday 20 June 2022.

Art Gallery

August - Fantastic Fungi. The 2022 Fantastic Fungi exhibition will feature finalists of the Manjimup Photo Club's Fungi Competition. The exhibition will include many types of fungi all distinguished by their unique, unusual structural and physiological features.

Indigenous Visual Arts Industry Support Grant

The Art Gallery recently obtained a \$30,000 Indigenous Visual Arts Industry Support grant from the Department of Infrastructure, Transport, Regional Development and Communications.

The grant will fund an Indigenous art project entitled, Noongar Seasons: Nature in Transition.

It will invite Noongar artists to submit new work portraying the seasons in the South West Boorah area of the Noongar Nation.

West Ward Councillors



Cr Murray Ventris
(08) 9776 1757

Cr Kenneth Lawrence
(08) 9776 2010



Pemberton Waste Transfer Station

104 Pemberton Northcliffe Rd Yeagarup
Wednesday: 11 am - 5 pm
Saturday/Sunday: 12 pm - 5 pm

Pemberton Library

Pemberton Lesser Hall - 9776 1311
Wednesday and Thursday: 9 am - 1.30 pm
Friday 9.30 am to 5 pm

SHIRE CALENDAR

Library Storytime

Manjimup - Friday 11.00 am
Northcliffe - Monday 10.30 am
Pemberton - Friday 11.00 am
Walpole - Alternate Fridays 10.00 am

MHCC Activities

Boronia Club - 10 am to 2 pm Monday & Friday
Over 50 Exercise Group - 9 am to 10 am Tuesday & Thursday
Tai Chi 10.30 am to 11.30 am Wednesday
Bingo - 1 pm to 3pm Thursday

Council Meetings

The July Council meetings will commence at 5.30 pm in the Council Chambers on 7 and 28 July 2022.

AquaCentre

Check out the extensive group fitness program on the website.



SHIRE OF
MANJIMUP
MANJIMUP - PEMBERTON - NORTHCLIFFE - WALPOLE

www.manjimup.wa.gov.au

37-39 Rose Street, (PO Box 1)
Manjimup WA 6258
info@manjimup.wa.gov.au
Ph: (08) 9771 7777
A/H Emergencies: 6454 4600

The Shire of Manjimup respectfully acknowledges the Noongar people as the Traditional Custodians of the lands in which we work throughout the region and we pay our respects to their Elders, past, present and emerging.